

Executive Profile

Rachel Redmond

Youth Sport Trust

Rachel Redmond, was raised in Stoke-On-Trent and is 1 of 4 children. Raised within a catholic environment with an Irish father and a mother who was originally born and raised in Egypt. Her mother came over to England as refugee escaping civil war in 1956. Rachel has worked in the Sport and Education landscape for the last 15 years. Starting her career in the place she was born in Sport Development, Rachel was responsible for the relationship with the School Sport Partnerships and acted at the Local Delivery Agent providing CPD to Schools. In 2007 she became a Competition Manager in Cheshire then moved to be Partnership Development Manager in Trafford in 2009. In the 5 ½ years spent at Flixton Girls School, Rachel was responsible for the School Sport Partnership which included the School Games, Primary Transition, and Community.



In 2014 Rachel joined the Youth Sport Trust as a Development Manager covering a geographical area where she works with members schools, headteachers, health organisation and has recently been involved in the Greater Manchester Mentally Healthy Schools programme which is revolutionising the way in which children and young people are using physical activity to support their mental health.

Rachel has always been netballer player, she excelled in Athletics as a junior competing for England and winning national titles in the 100m. Rachel's original sporting passion was football and is still a very keen watcher and can often be found supporting Stoke City

