

Relationships, Sex and Health Education



We are launching our Primary RHE Hub soon! Register now!

Welcome to our newsletter.

We now have almost 400 schools in our training programme! The feedback is superb and we are delighted with the engagement we have had. We had also had excellent feedback from the DfE.

We are delighted to announce that we will be launching a Primary School RHE Hub in February. **Register here now!**

We have three more FREE webinars for all those in our RSHE Hub and these are proving very popular. Our webinar by The Proud Trust is almost fully booked, so book your places as soon as you can.

We are planning our summer conference and although this will be online, it will be a great showcase, opportunity to widen your network and full of great workshops by our key partners. More details to follow next month.

Lisa Fathers, Director of Teaching School and Partnerships

REGISTER YOUR INTEREST



Primary RSHE Hub

Please complete the below form to register your interest for our Primary RSHE Hub. Further information will be emailed to you in due course.

**NEW
Primary
RSE Hub**

**FREE
February
Webinars**

**Loads of
Great
Resources**

**Case Study
from
Wellacre
Academy**

Great Resources

YOUNGMINDS

YoungMinds have some great new resources so support staff and students. Check out their Resilience Boat Worksheet.



This simple worksheet is for primary and secondary school pupils to help them identify the things in their life that make them feel safe right now. Although we're not all in the same 'boat' when it comes to our mental health, we may be dealing with similar 'storms' at the moment. This exercise is a good starting point for pupils to understand how they can sail towards resilience. [Click here.](#)

Relationships education will be compulsory in all schools from September 2020. This set of principles will help you recognise and deliver excellent relationships education. It is based on official government requirements and research in this area. It has been developed by a group of leading relationships organisations and inspiring educators.

[Click here.](#)

Principles of excellence in relationships education

In collaboration with inspirational practicing educators

fastn FAMILY LINKS relate Parentkind TAVISTOCK COUNSELLING Relationships Foundation
TLC The Life Change EXPLORE marriage care Caring Family Cornerhouse Straight Talking CLEAR

FREE Webinars

February 2021

Supporting the RSHE training programme

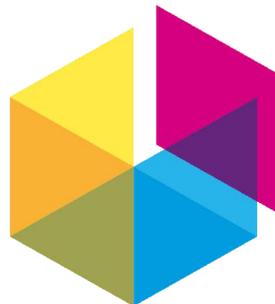
Visit your Google Classroom for more details and to book

Book your FREE place now on these great webinars. FREE to all secondary schools on our RSHE Training Programme



Meaningful LGBT+ Inclusion in RSE
Rachel Williams,
The Proud Trust

Wednesday 3rd
February 3.30 -
4.30pm



Ask the Expert,
Michelle O'Neill,
Specialist Leader
of Education

Wednesday 10th
February 3.30 -
4.30pm



Purpose, Values and
Perspective
Adrian Bethune and
Emma Kell

Wednesday 24th
February 3.30 -
4.30pm



Alliance
for Learning
BRIGHT FUTURES EDUCATIONAL TRUST



Alliance for Learning
PSHE Hub

The Training Needs in our RSHE Programme - case study from Michelle O'Neill, Wellacre Academy

Wellacre Academy is a boys school in Trafford, Greater Manchester. RSHE provision is delivered through a fortnightly timetabled lesson called RESPECT (a lesson which incorporated wider PSHE and Citizenship). built into our planning and provision.

As an 'Early Adopter' school, Wellacre has been delivering RSHE in accordance with the draft statutory guidance since September 2019. However, the curriculum has continually been evolving in line with further training, support and shared good practice.

[Read the full case study here](#)



Our colleagues at Stonewall have some great links that you might find useful.

- [Click here for great resources](#)
- [LGBT History Month Packs 2021: Reception to Post-16](#)
- [Homelearning packs](#)
- [An Introduction to Supporting LGBT Children and Young People](#)
- [Staying Safe Online](#)
- [Briefings for Governors on LGBT inclusion in school](#)
- [Stonewall School & Colleges Programme](#)



What is commitment? What does commitment look like for different families? Produced in partnership with FASTN, four families discuss their relationships.

See the video [here](#).

Download the lesson plan [here](#).



Something's
not right

SUPPORTERS' PACK



Something's not right

This campaign has been created by the Home Office in response to evidence that suggests young people faced a greater risk of **sexual abuse, criminal exploitation and domestic abuse** due to the impact of coronavirus.

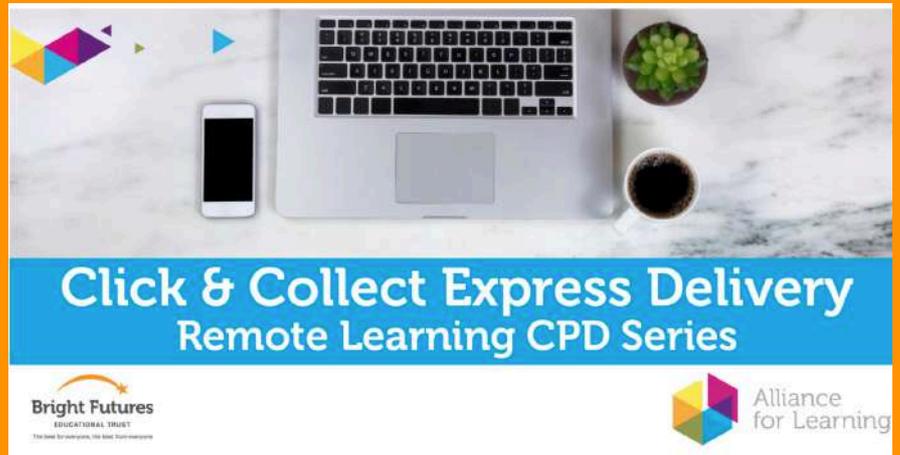
Something's Not Right is **targeted at 13 – 18 year olds** in England who have become victim to these harms.

The campaign aims to increase their:

Confidence in identifying the indications of abuse including sexual, physical, relationship and criminal exploitation; and Awareness and understanding of how to respond to instances of abuse and exploitation (the reporting channels and support service channels both for themselves and their friends).

Click and Collect CPD

We have a new range of express CPD sessions. Have a look and see what we have to offer [here](#).



Street Harassment

The majority of schoolchildren in the UK are not taught about street harassment, despite the fact that 2 in 3 girls will be subject to this violence (Plan UK, 2016).

On 2nd September 2020 **“Our Schools Now”** was **launched**, a new campaign to include public sexual harassment as part of PSHE/RSE lessons in schools. **Find out more [here](#).**



Have you completed the RSHE Training Programme?

Please complete the questionnaire in the Google Classroom.

