

Jigsaw

Jigsaw, the mindful approach to PSHE 11-16, is a comprehensive, lesson-a-week, Scheme of Work for PSHE which includes statutory RSHE, and an ongoing free support package. This includes a flexible delivery model, PowerPoints, Mindfulness practice audio files and summative assessment workbooks.

This second edition fully meets all the statutory RSHE requirements and has a strong emotional/mental health focus. It also aligns with and supports the NCFE RSHE Levels 1 and 2 Awards and Certificate.



Jigsaw are offering a 10% discount to all schools who participate in our RSHE training - see information in this newsletter.

WORKING WITH ROBERT F. KENNEDY HUMAN RIGHTS UK

We are delighted to have materials from this organisation for our training. One of our partner schools uses them to support them in school and have provided them with a letter of endorsement. We are confident that you will find their materials useful. You can find out more about what they offer on their website



RELATIONSHIPS, SEX AND HEALTH EDUCATION TRAINING PROGRAMME

For all Secondary Schools! Prepare for the Statutory Changes in September 2020



Meet one of the experts who will be delivering this training. Ian Nicholson is part of a team of PSHE SLEs leading the North West PSHE Hub for the Alliance for Learning.

Ian is the Chair of Trafford SACRE (Standing Advisory Council for RE) and liaises closely with all the faith communities on issues relating to the delivery of RE, RSE and PSHE. He also liaises with the Local Authority, councillors and the teacher associations to support teaching in schools in these areas.

Book your FREE place now! <https://bit.ly/2VqFooC>

12
JUNE

2020



Bereavement CPD Webinar 12 June 11am- 12.15pm

+Presentation
+Q&A



**WINSTON'S
WISH** **ww**

Giving hope to grieving children

FREE CPD and collaboration between the Alliance for Learning Teaching School and Winston's Wish childhood bereavement charity.

It is a sad fact that our schools need to start to think about how we support children and young people with bereavement and loss, now more than ever. We will touch on grief, loss, trauma and self care.

The training will be led by Suzannah Phillips from Winston's Wish and the Q & A led by Lisa Fathers who is a National Trainer with Mental Health England.

Suzannah is the Head of Clinical Governance and Professional Development at Winston's Wish. Suzannah is responsible for designing and delivering training, leading the research and evidence department, developing services and leading on quality assurance across the organisation.

Suzannah continues to work with bereaved children and their families, both face to face and on the Winston's Wish Freephone National Helpline.



@AFLTeachingSch



Active in Mind

This programme offers support to young people experiencing mental wellbeing issues, using psycho-social tools and stress-busting strategies for young people - as well as creating innovative peer mentoring and physical activity opportunities. It is an integral part of the Greater Manchester Mentally Healthy Schools and Colleges programme.

Due to the growing concern we have for young people experiencing increased stress and anxiety during the COVID-19 lockdown; we have made the Active in Mind poster available as a free download and worked with our Athlete Mentors to produce a suite of top-tips videos for managing mental health. We hope these resources not only help young people now, but also prepare them for when they eventually return to school.

Please visit – www.youthsporttrust.org/active-mind to access the free content.



Well School Movement

The purpose of the movement will be to support schools to drive improvements in wellbeing for all teachers, senior leaders and young people by placing wellbeing at the very heart of schools. It isn't a programme, quality mark or intervention; it's all of us coming together to drive change, share challenges and solutions and help us navigate all of the support that is already available.

Why do we need Well Schools?

•57% of education professionals have considered leaving the sector over the past two years (Education Support Teacher Wellbeing Index 2019)

We can't keep losing talented people and we need teachers

to be at their best for themselves and for the young people they look after. Developing a **Well Led** school will aim to put the wellbeing of teachers and senior leaders at the top of the agenda.

- 47% of jobs will disappear in the next 25 years (Oxford University)
- 44% of employers feel young people leaving school, college or university are not adequately prepared (CBI June 2019)

Are current curriculums preparing young people for this? How can we work together to ensure all young people are **Well Equipped** with the skills they need for their future?

- The UK's children's life satisfaction has declined faster in the last three years than in any other country (PISA REPORT 2018)

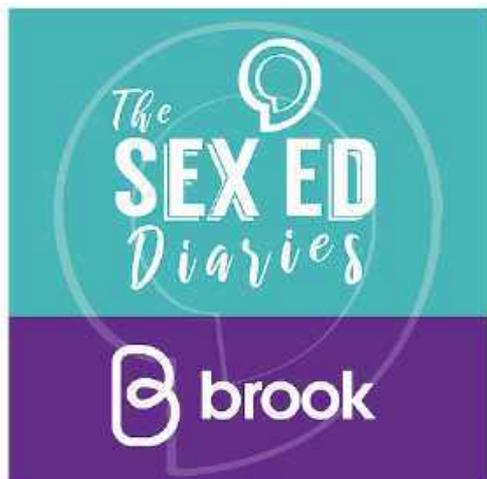
We can't make the pressures of life disappear (even if we wish we could), but how can we work together to ensure our young people are **Well Prepared** to take their place in the world as well-rounded citizens?

That is why together we need to support **Well Schools**.

So far 80% of teachers and senior leaders have told us that Happiness and Wellbeing are the most important things a young person should leave school with.

Do you agree? Let us know what you think and join the conversation however you can.

Please click here – www.youthsporttrust.org/wellschool to find out more and join the consultation.

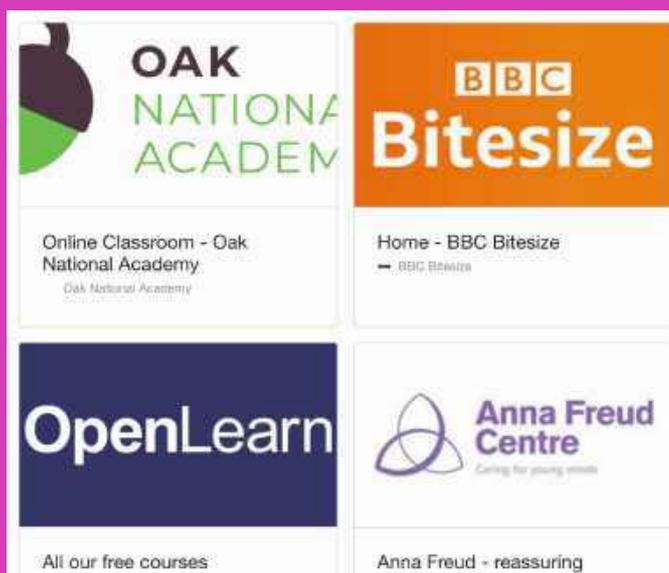


Superb podcast - What does statutory mean for schools?

This FREE podcast unpicks the government's new RSHE guidance and find out what it really means for schools. Experienced guests share their opinions on why statutory matters, what challenges and opportunities lie ahead, and what schools can do to get ready for September 2020. You can listen to this podcast following this link <https://www.sexeddiaries.org/episodes>

Home Learning Resources

We have a range of on-line learning resources for you to use - have a look at: <http://allianceforlearning.co.uk/covid-19/home-learning->



Primary Schools

If you are a primary school and want us to sign-post you to another Teaching School that is offering RHE training to primary schools, let us know. We will gladly put you in touch and you too can join a training programme to support you with the new curriculum.



Working with Youth Sport Trust

The Youth Sport Trust is a National children's charity with 25 years of experience in working in partnership with schools and communities to change the lives of young people. They are passionate about the role that PE, sport, physical activity and play can have in supporting pupil's physical development while also enhancing their social, emotional and cognitive skills. Through pioneering new ways of using the power of physical activity and sport, particularly when embedded at the heart of a school, they know first-hand the impact that can be had both in terms of health and wellbeing but also in wider engagement, learning, behaviour and attainment. They are currently committed to the Well Schools movement, facilitating a bringing together like minded schools to share learning and innovate in how best to truly embed a wellbeing culture and climate that supports pupils and staff to thrive. Their Education Team will be developing the content and delivering the training for the physical health and fitness component of the Health Education curriculum (RSHE). They are passionate about sharing their knowledge and experience to inform, build confidence and inspire practitioners, parents and children to improve wellbeing and achievement.



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Meet one of the experts who will be delivering this training. Lucy Tasker is part of a team of PSHE SLEs leading the North West PSHE Hub for the Alliance for Learning.

Lucy has significantly challenged and motivated colleagues through creating a Curriculum for Personal Development which was delivered by tutors and Heads of Year. This included PSHE, CEIAG, SRE, Citizenship and human rights education. She involved pupils in the shaping and design of the curriculum and in leading their own learning.

Book your FREE place now! <https://bit.ly/2VqFooC>

If you Missed Newsletter Edition 1

Then you can read it online at:

<http://allianceforlearning.co.uk/mentally-healthy-schools/pshe-hub/relationships-sex-and-health-education-newsletter/>



Modules in the Training Programme

The modules are set out as below. If you have signed up you will soon be getting details on how to log into your virtual 'classroom'.



Just 30 minutes of activity a day for adults, and **60 minutes** for kids, will help you all to **sleep well** and **feel better** while you're physically distancing. From YouTube Yoga to dancing with the kids - it all counts!

Click here for more tips on how to keep moving whilst physically distancing

Find the best way to get your 30 in

@ThatCountsGM #ThatCounts