



Alliance
for Learning

BRIGHT FUTURES EDUCATIONAL TRUST

Relationship, Sex and Health Education Training Programme for Secondary Schools

Impact Report 3 March 2021



Bright Futures

EDUCATIONAL TRUST

The best *for* everyone, the best *from* everyone

Introduction

This is the third impact report for this programme. Although we have come to the end of wave 3, we have expressed an interest in delivering a wave 4, but this is awaiting approval from the DfE. Now that we have a training programme that has a track record and good feedback, we are confident that additional schools will continue to benefit from the training.

We are delighted to report that we met our target of delivering the training to 400 secondary schools. We delivered mainly (75%) in our primary target area, received superb feedback, successfully hosted our regional DfE webinar and led on the test training for the DfE on the Being Safe module of the training programme.

The Alliance for Learning Teaching School (AfL) bid in January 2020 to deliver Relationships, Sex and Health Education (RSHE) training to secondary schools through a DfE funded programme to prepare schools for the new RSHE curriculum. AfL was delighted to be awarded a contract to deliver to state funded secondary schools, particularly as this work fits closely with other initiatives that we lead, such as the Greater Manchester Mentally Healthy Schools project and other PSHE Hub projects.

Relationships Education is now compulsory in all primary schools in England and Relationships and Sex Education compulsory in all secondary schools, additionally, Health Education is compulsory in all state-funded schools.

The statutory guidance from the Department for Education (DfE) is issued under Section 80A of the Education Act 2020 and section 403 of the Education Act 1996 (ref1).

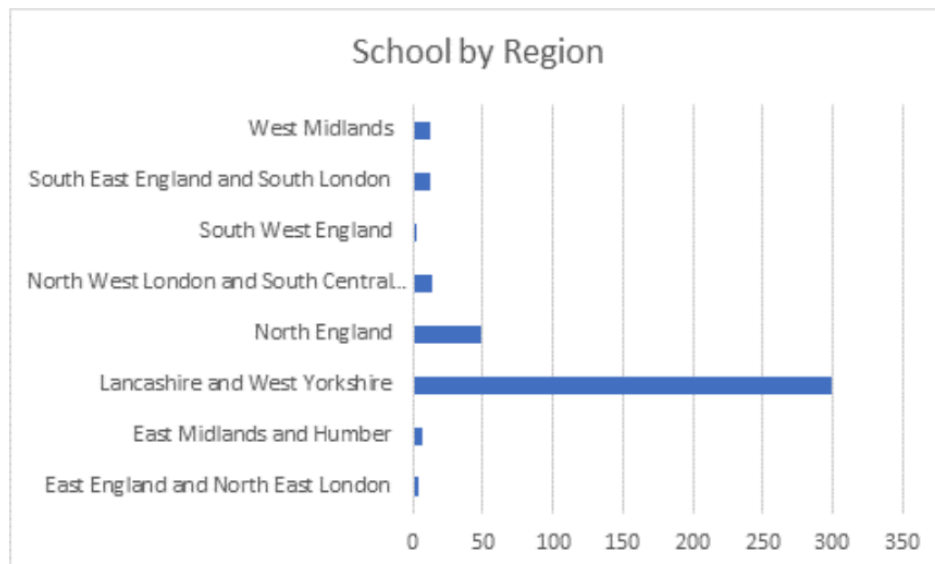
The start of the training delivery coincided with the Covid-19 pandemic, and therefore the programme quickly moved to online delivery through Google Classrooms. This created the opportunity for multiple staff from each school to take part in the training and for the training to be accessed by more schools.

The new curriculum came into effect from September 2020, but due to delays and challenges experienced in some schools as a result of the impact of Covid-19, the expectation is that all schools will be delivering some aspects of the new curriculum during the academic year 2020/21, however they won't be inspected against the new curriculum until academic year 2021/22.

The training programme was delivered in three waves, based on start date and geographical location. Wave one started in June 2020, wave two started at the end of September 2020 and wave three started in October 2020 with participants completing in March 2021. The programme is funded until the end of March 2021, although the materials will remain online for participants to access until the end of the academic year.

Our reach

As noted above there were geographic areas to focus on, but schools were able to choose their partner for the training. The vast majority (75%) of the schools who embraced our training programme were from our delivery areas; Lancashire and West Yorkshire. The next largest area was North England. This became our secondary area of focus when we were asked by the DfE to extend our reach to this area. We had hoped to get up to 100 schools from this area, but as this was the last area that we targeted, we could only accommodate 49 schools. If we are granted funding to deliver to wave 4, we are confident that we will get additional schools from this area as word-of-mouth has now started to provide referrals.



Main aims

The main aims of the training programme are specifically to:

- Increase subject knowledge
- Increase confidence in delivering the curriculum
- Increase networking and peer support opportunities

Partnership and collaboration:

We created partnerships with the following agencies and charities and they have provided support in various ways including providing materials, delivering a webinar or additional resources.

The Proud Trust, Brook, Stonewall, Jigsaw, PSHE Solutions, We Do Wellbeing, I heart principles, Tough Cookies, Young Minds and Youth Sport Trust. Since the last report additional partners have come on board including the RSHE Association.

We have a number of colleagues including Local Authorities who received the training (not funded) to enable relevant partners to access the training, contribute to it and learn from it. In addition we have some Independent Schools (not funded) receiving the training to enable a whole system approach.

We worked closely with the primary provider of the training in Lancashire and West Yorkshire and shared content ensuring that we both understood the primary and secondary stages of the curriculum and shared good practice where possible.

Since our last report, we have also taken the decision to add a Primary School Hub. This is based on the many requests from our primary schools in our local area and as so few have embarked on the training programme with an out of area provider. The scope of this is being considered at the moment and we shall launch later in the academic year.

Training

The training for secondary schools covers 13 mandatory topics plus an introductory topic that we have developed to provide schools with a good understanding of the requirements, consultation process and policy requirements.

Specialist Leaders of Education (SLEs) from the Alliance for Learning Teaching School worked with preliminary DfE materials to write, produce and present the topics. The on-line training materials are interactive, include activities, questioning to check knowledge and provide links to a range of additional resources that can be used in the classroom. SLEs are also providing additional support to those schools that need it.

The topics are:

Mental Wellbeing, Intimate and Sexual Relationships, Changing Adolescent Body, Respectful Relationships, Online Relationships, Basic First Aid, Drugs, Alcohol and Tobacco, Physical Health and Fitness, Being Safe, Health and Prevention, Internet Safety and Harms, Healthy Eating, and Families.

Webinars hosted by external agencies and charities are enhancing the topics and providing participants with both a greater understanding of the subject area and widening their support network.

As part of the wrap-around support for the training programme, we have also offered schools the opportunity to do an additional training course with us that is related to the RSHE course. These include; Transgender Awareness, Creating a Mindful School, Mindful Leadership and Youth Mental First Aid.

Impact so far

Although 400 schools have started the training programme, some schools are still completing. Schools have been impacted, in some cases due to dealing with the pandemic and associated activities and this is why we are keeping the materials available in the Google Classroom until the end of the academic year.

- 99% feel that RSHE has a high profile in their school
- 99% are more confident with the subject (this compares to 67% at the start)
- 100% will continue with the training (where not yet completed)
- 98% have made more contacts with RSHE/PSHE agencies, charities and school colleagues

The real evidence of impact will come from the schools when the new curriculum is being delivered in the classroom. We will be keeping in touch with all of the schools who have received the training to really understand the impact and to develop and tweak training for future schools taking part so we can continually improve it.

The impact of the webinars supporting the training has also received positive feedback:

- 96% of participants said the webinar enhanced their knowledge
- 97% said they would recommend the webinar to a friend
- 96% said they thought the content was very good

We are very confident that we will continue to further improve the training materials as we deliver to future waves.

Ongoing Focus

Our focus is to ensure that the schools that have engaged in the training complete the modules and continue to access the materials.

At the start of the project we planned to host a conference for all the schools and partners so that good practice could be shared, success celebrated and partnerships formed. Whilst this will not be able to go ahead this academic year, we are committed to delivering this in the future and are considering an online event later in the summer term.



RSHE READY



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400 SECONDARY SCHOOLS ARE RSHE READY



100%

FULL

400 secondary schools in our Training Programme



450+

PEOPLE

More than 450 people have accessed the materials



15

PARTNERS

Have supported us with the Training Programme



4

EXPERT

Specialist Leaders of Education wrote the materials



4500

+

Hours have been spent in the Google Classroom

PREPARED FOR THE RSHE CURRICULUM

13 Modules



5850

VIEWS

Attended webinars



38

ATTENDED ON AVERAGE

Great resources



100S

OF ADDITIONAL RESOURCES





99%

99% feel that RSHE has a high profile in their school

98%

98% are more confident with the subject matter

100%

100% would like to see the training remain so they can continue to access the materials

98%

98% have made more contact with RSHE/PSHE agencies, charities and school colleagues



20 HOURS

20 one hour webinars were included in the Training Programme



LANCASHIRE AND WEST YORKSHIRE

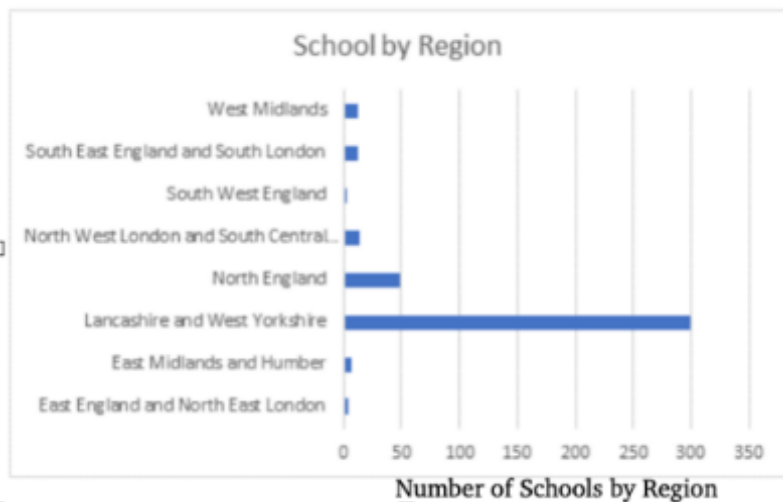
75% of schools were from this Region

EIGHT

Schools came from eight Regions

HUGE NETWORK

We have created a huge RSHE network



WWW.ALLIANCEFORLEARNING.CO.UK

TWITTER.COM/AFLTEACHINGSCH

References

1 - Statutory Guidance <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>